

RAINN**800.656.HOPE (4673) | rainn.org**

RAINN (Rape, Abuse & Incest National Network) created and operates the National Sexual Assault Hotline (800.656.HOPE), carries out programs to prevent sexual violence, help survivors, and ensure that perpetrators are brought to justice.

LOVEISRESPECT**Text 'loveis' to 22522 | loveisrespect.org**

Loveisrespect's purpose is to engage, educate and empower young people to prevent and end abusive relationships. Free and confidential phone, live chat and texting services are available 24/7/365.

NATIONAL SUICIDE PREVENTION LIFELINE**800.273.8255 | suicidepreventionlifeline.org**

This lifeline provides free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

1IN6**1in6.org**

1in6 is a national nonprofit offering support to men who were sexually abused or assaulted. They also serve loved ones and services providers who work with me.

AARDVARC**aardvarc.org**

AARDVARC (An Abuse, Rape, and Domestic Violence Aid and Resources Collection) was formed in 1996 and incorporated in 2001 by former victims of relationship and family violence for the purposes of assisting others to find resources, receive guidance, and enjoy the support and empathy of others.

THE AS ONE PROJECT**asoneproject.org**

The As One Project provides a community-based forum where secondary survivors of sexual violence can get information about how to support themselves and the survivors in their lives. As One hopes to create a safe space where people can learn about sexual violence, share their stories, and empower one another along their path to healing.

NATIONAL DOMESTIC VIOLENCE HOTLINE**800.799.7233 | thehotline.org**

At the National Domestic Violence Hotline, our highly trained expert advocates are available 24/7 to talk confidentially with anyone in the US who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

NATIONAL SEXUAL VIOLENCE RESOURCE CENTER**nsvrc.org**

The National Sexual Violence Resource Center serves as the nation's principle information and resource center regarding all aspects of sexual violence. The NSVRC works to address the causes and impact of sexual violence through collaboration, prevention efforts and the distribution of resources.

SAMHSA**samhsa.gov**

The Substance Abuse and Mental Health Services Administration (SAMHSA) provides referrals to local treatment facilities, support groups, and community-based programs for individuals with mental health and/or substance use disorders.

SAFER**safercampus.org**

Students Active for Ending Rape (SAFER) empowers student movements to combat sexual violence on college campuses. We generate knowledge that equips student activists with the evidence and resources they need to reform campus sexual assault policies and strengthen actions to reduce campus assaults. We envision a world where survivors receive support, schools are held accountable, and students hold the power to effect change.

NATIONAL CENTER FOR VICTIMS OF CRIME, STALKING RESOURCE CENTER**victimsofcrime.org/our-programs/stalking-resource-center**

The Stalking Resource Center envisions a future in which the criminal justice system and its many allied community partners will have the best tools to effectively collaborate and respond to stalking, improve victim safety and wellbeing, and hold offenders accountable.